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If you find any excuse to add avocado to your meals, then you're going to love these avocado recipes! Read below to find your new favourite no-fuss avocado recipes.



#### 1. NOT-YOUR-AVERAGE AVO TOAST

We couldn't write a roundup of avo recipes without what's been coined the *ultimate millennial insta-worthy dish*: avocado toast! This one has all the trimmings; prepare to get all the  $\blacklozenge$  on your feed.

Get the not-your-average avo toast recipe here.



# 2. AVOCADO, SPICY CHICKPEAS AND TOMATO SALAD

This plant-based and gluten-free salad can be enjoyed as a side or a filling lunch. Don't be fooled by how easy it is – this salad packs a flavour punch! Get the avocado, spicy chickpeas and tomato salad recipe here.



# 3. WHIPPED WASABI RITZ

A modern take on a retro crowd-pleaser. The wasabi adds a tingly kick to this creamy appetiser.

Get the whipped wasabi ritz recipe here.



#### 4. NOT-SO-RIPE AVO PICKLE

Got hard, unripe avocados? Pickle them! Don't worry, you don't have to wait too long to dig in. Pickle in a jar for a few hours and they're ready to eat. <u>Get the not-so-ripe avo pickle recipe here.</u>



5. CORN FRITTER BURGERS WITH BACON AND GUACAMOLE

Friday night dinner, sorted! Unlike traditional burgers, we've swapped the beef patty for corn fritters. Ditch the bacon to make it vegetarian or go fancy with thinly sliced salmon. Get the corn fritters burgers with bacon and guacamole recipe here.



# 6. TEX-MEX MINCE ON TOAST

We're calling this *the ultimate work-from-home lunch*. It's cheap, cheerful and full of healthy fats.

Get the Tex-Mex mince on toast recipe here.



# 7. POTATO SALAD WITH AVOCADO CREMA

Everyone needs a signature salad to bring to a braai. This potato salad is yours! Instead of drowning potatoes in a mayo, toss through creamy avocado. Get the potato salad with avocado crema recipe here.



# 8. LIME AND AVOCADO CHICKEN SOUP

Since avocado is in season, why not add it to your soups? This immune-boosting soup is a lifesaver during winter.

Get the lime and avocado chicken soup recipe here.



#### 9. MEXICAN PRAWNS ON AVO

The perfect balance of creamy and spicy. If you always order extra guac with your Mexican meals, this dish guarantees you'll never run out of avo. Get the Mexican prawns on avo recipe here.



10. SUSHI CAKE WITH AVOCADO WASABI CREMA

You can absolutely make sushi at home! This cake is perfect for sharing – all-you-can-eat sushi bars, step aside!

Get the sushi cake with avocado wasabi cream recipe here.



11. CHARGRILLED AVOCADO AND CHICKEN SALAD

We sense a few eyebrow raises, but yes, grilling avocado is a thing. This one is for our keto, low-carb or gluten-free readers. Enjoy as a side or serve as a light meal. Get the chargrilled avocado and chicken salad recipe here.



#### 12. TUNA SKEWERS WITH AVO DRESSING

Tuna and avocado work well in sushi, so it's obviously bound to be great without the rice too! Don't want the fuss of skewering your fish? Grill whole tuna steaks and drizzle with avocado dressing – a healthy weeknight meal in minutes.

Get the tuna skewers with avo dressing recipe here.



# 13. CHOCOLATE BROWNIE SWIRL

You can absolutely enjoy ice cream, even if you follow a plant-based or dairy-free diet. Avocado adds natural creaminess to chilled desserts and trust us, you won't even taste it! <u>Get the chocolate brownie swirl recipe here.</u>