

Less than 45 minutes

Serves 6-8

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Ingredients:

- 1 Tbsp (15g) butter
- 1 Tbsp olive oil
- 1 onion, sliced
- 1 Tbsp (15ml) brown sugar
- ½ -1 tub (115-230g) plain full fat cream cheese, softened
- ½ cup (60g) cheddar cheese, grated
- ½ cup (60g) mozzarella, grated
- Handful fresh parsley, chopped
- Salt and milled pepper
- 12 -15 jalapeños, deseeded and halved
- 1-2 packets (125-250g) streaky bacon
- Sweet chilli sauce and lime wedges, for serving

Method

1. Heat butter and oil in a pan.
2. Sauté onions for about 5 minutes, then add sugar.
3. Reduce heat and caramelize onions for about 10-15 minutes. Cool.
4. Combine all three cheeses, parsley and season well.
5. Add caramelised onions to cheese mixture and mix well.
6. Spoon about 2 tsp (10ml) filling into each jalapeño half and wrap in bacon.
7. Transfer to air fryer.
8. Set air fryer to the meat function at 180°C and set the timer to 8 minutes.
9. Serve with sweet chilli sauce and lime wedges.