

Less than 15 minutes

(plus freezing time)

Serves 4-6

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Ingredients:

- 5 overripe bananas
- ½ cup (125ml) plain double cream yoghurt
- ¼ cup (60ml) chopped peanut brittle
- ¼ cup (60ml) broken pretzels

Method

1. Slice bananas into thumb-length pieces.
2. Place on a plate and cover with clingfilm.
3. Freeze overnight.
4. Blitz frozen bananas and yoghurt together until smooth.
5. Stir in peanut brittle and pretzels.
6. Serve straight away or keep in freezer.