

Less than 30 minutes

Serves 1

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Ingredients:

- 1 packet (73g) 2-minute noodles (omit the flavour packet)
- 1 tsp (5ml) chilli paste (sweet and sour sauce or a peanut sauce works well too)
- 2 Tbsp (30ml) chicken pan juices
- ½ cup (about 70g) shredded cooked roast chicken
- 4-5 mange tout, sliced
- 3-4 baby corn, halved or chopped
- 1 spring onion, sliced
- 4-5 sundried tomatoes
- Handful baby spinach
- Fresh basil (optional)
- 1 -1 ½ cups (250 - 375ml) boiling water

GOOD IDEA

This recipe works well with shredded beef or pork too.

Method

1. Place noodles, chilli paste and chicken pan juices at the bottom of a large consol jar with a fitting lid.
2. Layer remaining ingredients (excluding water) on top and push down with the back of a spoon if the jar gets too full.
3. Chill overnight or until serving time.
4. To serve, simply pour over boiling water and set aside for about 2-3 minutes. Give it a good stir and enjoy immediately.