30 minutes Serves 4 Share Share on facebook Share on twitter Share on pinterest Share on whatsapp Share on email Ingredients

- 1¹/₂ cups (375ml) canola oil
- 8 large eggs
- Salt and milled pepper

For serving:

- 3-4 cups cooked sushi rice
- Crispy fried ginger (optional)
- Sliced spring onion or fresh chilli
- Handful sesame seeds
- Sesame oil and soy sauce, for drizzling

Method

- 1. Heat oil in a wok or deep medium-sized pot over medium heat.
- 2. Crack 2 eggs into a bowl and add to hot oil.
- 3. Deep-fry until the edges are crispy, then reduce heat to cook yolks to your liking (see cook's note).
- 4. Carefully remove eggs using a slotted spoon so that excess oil is drained before placing on a plate.
- 5. Repeat with other eggs.
- 6. Serve on a bed of sticky rice topped with ginger, spring onion or chilli and sesame seeds, drizzled with sesame oil and soy sauce.

COOK'S NOTE

For a firmer yolk, remove eggs from the deep-frying oil and cook in a dry, non-stick pan for 2-3 minutes more.

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