More than 1 hour Makes 1 round loaf (10-12 slices) Share Share on facebook Share on twitter Share on pinterest Share on whatsapp Share on email Ingredients:

- $2\frac{1}{2}$ cups (375g) white bread flour
- $\frac{1}{2} + \frac{1}{4} \operatorname{cup}(125g)$ wholewheat flour
- 2¹/₂ cups (375g) lukewarm water
- ¹/₂ cup (100g) ripe sourdough starter (see below)
- 1 Tbsp (10g) fine salt

Method:

- 1. Preheat oven to 240°C.
- 2. Whisk together flours and add water until thoroughly incorporated and there are no lumps.
- 3. Cover bowl with cling film and set aside for 1 hour.
- 4. Add the starter and spread it over the dough using your fingertips.
- 5. Fold the edges of the dough into the centre.
- 6. Pinch the dough until the starter is well incorporated. (Don't be delicate you want to work this in quickly!)
- 7. Cover with cling film and rest for 30 minutes.
- 8. Sprinkle salt on the surface of the dough and use the same method as above to incorporate. (You shouldn't feel any granules at the end.)
- 9. Cover again and rest for 15 minutes.
- 10. Dip your hands in water (to prevent sticking) before each fold.
- 11. Grab the top portion of the dough with both hands and gently pull and stretch it upwards and fold over the opposite edge (don't tear it).
- 12. Rotate bowl 180° to repeat from the other side.
- 13. Rotate bowl 90° and repeat again on both sides.
- 14. Follow this process four times, allowing dough to rest for 15-30 minutes between each set of folds.

- 15. Cover with clingfilm or a tea towel, and leave dough to rest for 1-2 hours (or overnight).
- 16. Transfer the dough to a clean countertop, being careful not to break the air bubbles.
- 17. Gently shape the dough into a 20cm round, pulling it towards you in a circular motion until it creates a tight ball and there is some tension on the skin of the dough.
- 18. Rest dough, uncovered, for 15-20 minutes, until it has relaxed slightly.
- 19. Dust top with flour and place seam- side up in a basket lined with muslin and dusted with flour. Rest in fridge for 1 hour.
- 20. Transfer bread to a cast-iron pot, score the top and bake for 30 minutes with the lid on.
- 21. Reduce oven to 220°C, remove the lid and bake for 30-40 minutes.
- 22. Leave to cool in the pot for 10 minutes, then turn bread out onto a cooling rack.

23. Serve within 3-5 days, or freeze (sliced) for up to a month.

Want to make your own sourdough starter? Click here to Become a Pro!