Less than 45 minutes

Serves 4

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Ingredients:

- 3 cloves garlic, chopped
- 1 bunch spring onions, chopped (reserve a little for serving)
- Olive oil
- 1 Tbsp (15ml) ground cumin
- Pinch chilli flakes
- 1kg frozen corn kernels
- 5-6 cups (1.25L-1.5L) chicken stock
- 1 packet (200g) streaky bacon
- 2 Tbsp (30ml) honey
- Handful coriander + extra for serving
- Juice (60-90ml) of 2-3 limes
- Salt and milled pepper

Method:

- 1. Fry garlic and spring onion in oil until soft.
- 2. Add spices and fry for another minute.
- 3. Tip in corn and stock and simmer for 15 minutes.
- 4. Fry bacon until crisp.
- 5. Drain on kitchen paper and brush with honey.
- 6. Add coriander and lime juice to soup, then blitz using a stick blender until it reaches your desired consistency.
- 7. Season well.
- 8. Ladle soup into bowls and top with reserved spring onion and coriander.
- 9. Serve with bacon dippers.