

Less than 30 minutes

Serves 4

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Ingredients:

- 3 cups (750ml) grated cheddar
- 2 Tbsp (30ml) wholegrain mustard
- 1 egg, whisked
- 2 spring onions, finely sliced
- Salt and milled pepper
- 8-12 slices sourdough bread
- 8-12 slices gypsy ham
- Butter, for spreading

Method:

1. Mix cheese, mustard, egg and spring onion in a large bowl until well combined. Season.
2. Spread cheese mixture on half the bread slices and top with ham.
3. Sandwich with remaining bread and spread both sides with butter.
4. Toast in a heavy pan or snackwich machine until golden and cheese has melted.
5. Serve warm with fruit juice or a glass of beer.