

30 minutes

Serves 4

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Ingredients:

- 1 packet (400g) Denny plant-based patties
- 1/2 cup canola oil

Spicy mayo:

- 2 tsp (10ml) low-fat mayonnaise
- 2 tsp (10ml) plain fat-free yoghurt
- 1 tsp (5ml) tomato sauce
- Pinch smoked paprika or cayenne pepper
- 1 Tbsp (15ml) lemon juice

For serving:

- 4 large burger buns, halved and toasted
- Handful lettuce leaves
- 4 cheddar cheese slices
- 2 medium tomatoes, sliced
- 6 gherkins
- Pickled chillies (optional)

Method

1. For spicy mayo, mix ingredients together and set aside.
2. Heat oil in a pan over medium heat.
3. Fry patties for 3-4 minutes each side until cooked through.
4. For serving, layer buns with lettuce, cheese, tomato, gherkins and chillies (if using).
5. Top with the cooked patty and a generous dollop of spicy mayo.
6. Sandwich with remaining bun.
7. Serve with your choice of salad, baked potato or potato wedges. Tuck in!