More than 1 hour

Serves 8

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Ingredients:

Herb crust:

- ½ punnet (10g) each fresh parsley, mint and oregano, finely chopped
- 4 cloves garlic, finely chopped
- 2 red chillies, seeded and chopped
- Grated peel of 2 lemons
- Glug olive oil
- 1 (about 2.5kg) leg of lamb
- Salt and milled pepper
- · Glug olive oil
- 2 onions, halved
- 1 bulb garlic, halved
- Handful fresh oregano
- 3 cups (750ml) beef stock
- 2 Tbsp (30ml) butter
- 1 punnet (250g) baby carrots
- 2 Tbsp (30ml) honey
- 1 Tbsp (15ml) chopped fresh parsley
- 2 punnets (200g each) sweet baby peppers, charred
- Fresh herbs of your choice, for serving

Herb sauce:

- 1 punnet (20g) fresh parsley
- ½ punnet (10g) fresh mint

- Handful pitted green olives
- ⅓ cup (80ml) olive oil
- 2 cloves garlic
- Juice (120ml) of 2 lemons

Method

- 1. Combine herb crust ingredients.
- 2. Season lamb.
- 3. Heat oil in a pan and brown lamb on all sides for 3-4 minutes per side. Remove and cool slightly.
- 4. Cover lamb with herb mixture, packing it together tightly.
- 5. Place onions, garlic, oregano and stock in a large, deep baking dish.
- 6. Nestle lamb on top and cover with foil.
- 7. Roast at 170°C for about 3½ hours or until soft. (Top up dish with stock as needed during cooking.)
- 8. Blitz together sauce ingredients. Season.
- 9. Heat butter in a large pan on medium heat and cook baby carrots for 3-4 minutes.
- 10. Stir in honey and cook for 2-3 minutes, until glossy and cooked through.
- 11. Scatter with parsley and season.
- 12. Char baby peppers under the grill or in a griddle pan.
- 13. Serve roast lamb with charred peppers and carrots on a platter, garnished with herbs and drizzled with sauce.

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