More than 1 hour

Serves 4-8

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Recipe supplied by Lamb & Mutton SA.

Ingredients

- 1 Tbsp (15ml) vinegar
- 1.5kg leg of lamb
- 2 red onions, roughly chopped
- 6 medium potatoes, peeled and quartered
- 1 red bell pepper, deseeded and cut into strips
- 1 yellow bell pepper, deseeded and cut into strips
- 8 baby tomatoes, halved
- Salt and milled pepper
- · Handful fresh origanum
- ½ cup (125ml) white wine
- 200g feta cheese, cubed

Marinade:

- 4 cloves garlic, crushed
- 2 tsp (10ml) Dijon mustard
- ½ cup (125ml) lemon juice
- 1 tsp (5ml) dried origanum
- ½ cup (125ml) olive oil
- Green salad and rustic bread, for serving

Method

- 1. Dip paper towel in vinegar and wipe the lamb; set aside in a large bowl.
- 2. Combine the marinade ingredients.

- 3. Pour over the lamb, cover with plastic wrap and place in the refrigerator for at least 2 hours or overnight, if possible.
- 4. To cook, preheat the oven to 180°C.
- 5. Wrap the lamb in baking paper.
- 6. In a large roasting tin, lay 4 sheets of baking paper over one another to form a star inside the dish.
- 7. Place the onions, potatoes, peppers and tomatoes in the center of the paper and season. Toss with fresh origanum.
- 8. Pour the marinade over the vegetables and place the lamb on top.
- 9. Pour in the white wine and season.
- 10. Enclose the lamb and vegetables into a pouch by holding the baking paper at the edges, crosswise and bring the paper sheets to the middle above the meat and scrunch together.
- 11. Use string to tie the pouch and position in the middle of the roasting tin.
- 12. Roast the lamb for about 2 hours until tender.
- 13. Remove the roasting tin from the oven and increase the temperature to 220°C.
- 14. Open the lamb and scrunch the paper under the rim of the roasting tin and baste the lamb with juices, return to the oven for a further 30 minutes until browned and tender.
- 15. Remove the lamb from the pan and cover in some foil to rest.
- 16. Toss the vegetables in the pan and add the feta.
- 17. Return to the oven for a further 15-20 minutes until browned.
- 18. Serve slices of meat with vegetables, a green salad and rustic bread.

Recipe Developer: Gerrie Du Rand Photographer: Michelle Parkin

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