

More than 1 hour

Makes 1 cake (serves 6-8)

Share

Share on facebook

Share on twitter

Share on pinterest

Share on whatsapp

Share on email

Ingredients:

- 1 green apple
- 8 Swiss chard leaves
- 1 stalk lemongrass
- 1 mini cucumber
- ½ pineapple, crown removed
- Handful fresh coriander
- Water or coconut water
- Ice, for serving

Method

1. Blend apple, Swiss chard, lemongrass, cucumber, ginger, pineapple and coriander in a juicer.
2. Thin down with a little water.
3. Serve over ice.

[Browse more recipes here](#)