More than 30 minutes

Makes 12 bars

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Ingredients:

- 4 cups (about 400g) oats
- ½ cup (125ml) chopped mixed nuts
- 1 packet (70g) dried cranberries (raisins or chopped dried apricots work well too)
- 1 cup (200g) brown sugar
- 1 cup (250g) butter, melted
- ½ cup (125ml) honey

Method:

- 1. Preheat oven to 180°C.
- 2. Combine oats, nuts, cranberries and sugar.
- 3. Combine butter and honey and mix through dry ingredients.
- 4. Press into a 31cm x 20cm rectangular baking tray.
- 5. Bake for about 18-20 minutes or until golden and cooked through.
- 6. Slice into 12 bars while still slightly warm (do not cool completely before slicing as the bars will crumble).
- 7. Store in an airtight container once completely cold.