

Less than 30 minutes

Serves 4

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Ingredients:

- 2 cups (500ml) milk
- 1 cup (250ml) water
- Pinch salt
- 1 ½ cups (375ml) oats
- ½ tsp (3ml) nutmeg
- ¼ cup (60ml) peanut butter
- 4 tsp (20ml) brown sugar
- 4 bananas, sliced
- ¼ cup (60ml) toasted coconut
- 4 tsp (20ml) honey (optional)

Method:

1. Place milk and water in a saucepan and bring to a boil. Season.
2. Add oats and bring to a simmer.
3. Cover and cook for 4-6 minutes, stirring frequently until cooked through.
4. Remove from heat and stir through nutmeg and peanut butter.
5. Add brown sugar and spoon oats into serving bowls.
6. Divide sliced bananas between each bowl and scatter with toasted coconut.
7. Drizzle oats with honey just before serving, if you like.