More than 1 hour Serves 6-8 Share Share on facebook Share on twitter Share on pinterest Share on whatsapp Share on email Ingredients: Pulled pork

- Salt and milled pepper
- 1.7kg pork shoulder
- 3 Tbsp (45ml) each brown sugar and smoked paprika
- 2 tsp (10ml) each cayenne pepper and chilli flakes
- 2 Tbsp (30ml) cocoa powder
- ¹/₂ cup (125ml) PnP BBQ basting sauce
- ³/₄ cup (180ml) water
- 2 cans (400g) canned cherry or chopped tomatoes
- 2 Tbsp (30ml) Worcestershire sauce

White sauce

- 2/5 cup (100g) butter
- ²/³ cup (100g) cake flour
- 5 cups (1.25L) milk
- Salt and milled pepper
- 1 packet (500g) PnP lasagne sheets
- 1 cup (125g) each mozzarella and Emmenthal cheese (cheddar works well too)
- Handful fresh parsley, chopped

Method:

- 1. Preheat oven to180°C.
- 2. Season pork and rub with sugar, spices and cocoa powder.
- 3. Coat with BBQ sauce and place in a deep ovenproof dish.
- 4. Add water, tomatoes and Worcestershire sauce. (Ensure meat is submerged at least halfway in liquid.)

- 5. Cover and roast for $1\frac{1}{2}$ -2 hours until tender, turning meat over halfway through cooking time.
- 6. Cool and shred pork meat, discarding bone.
- 7. Toss meat with pan juices.
- 8. For white sauce, melt butter in a pan until bubbling and whisk in flour.
- 9. Gradually add milk in a thin stream while whisking. Season and simmer for 2 minutes.
- 10. Layer blanched lasagne sheets at the bottom of a 30cm ovenproof dish, top with a quarter each shredded pork and then white sauce.
- 11. Repeat layers with remaining pork and white sauce, finishing off with white sauce.
- 12. Scatter with cheese and bake at 200°C for 35-40 minutes or until brown and crispy on top.
- 13. Garnish with parsley just before serving.