Ready in 3-5 days

Makes 1 litre

Share with friends

Share on facebook

Share on twitter

Share on pinterest

Share on whatsapp

Share on email

Ingredients:

- 1 Chinese cabbage (or green cabbage)
- ½ cup (60ml) coarse salt
- 4 carrots, peeled and cut into matchsticks
- 4 spring onions, sliced
- 8 radishes, sliced
- 5 cloves garlic
- 5cm knob fresh ginger, sliced
- 1 Tbsp (15ml) fish sauce
- 1/4 cup (60ml) red chilli paste or sriracha
- 2 tsp (10ml) sugar

COOK'S NOTE

Make sure your bowls, jars and utensils are sterilised with boiling water to avoid any chance of spoiling while fermenting.

Method:

- 1. Remove 2 outer leaves of Chinese cabbage and save for later.
- 2. Trim ends and quarter cabbage lengthways.
- 3. Slice quarters into 2cm-thick strips and place in a large bowl.
- 4. Rub coarse salt into cabbage.
- 5. Cover with water and place a plate on top to weigh it down.
- 6. Set aside for 2 hours.
- 7. Strain and reserve brine.
- 8. Mix cabbage with carrots, spring onions and radishes.

- 9. Blitz garlic cloves, fresh ginger, fish sauce, red chilli paste or sriracha and sugar in a food processor to make a paste.
- 10. Stir paste through veg until well coated.
- 11. Place mixture in a clean 1L jar and add reserved brine (just enough to cover the mixture).
- 12. Tuck reserved cabbage leaves into the jar to create a layer over the veg.
- 13. Loosely screw lid on (gas needs to escape).
- 14. Store in a dark place for 3-5 days until it starts to bubble.
- 15. Serve or refrigerate for up to 3 months.