More than 1 hour

Serves 4

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Ingredients:

- ¼ cup (60ml) balsamic vinegar
- ½ cup (60ml) brown sugar
- 2 Tbsp (30ml) olive oil
- Salt and milled pepper
- 16 baby beetroots, rinsed and peeled
- ½ cup (125ml) beef or vegetable stock
- 10 sprigs thyme + extra to garnish
- 2 red onions, peeled and cut into wedges
- Pomegranate rubies, to serve

Method

- 1. Preheat oven to 180°C.
- 2. Mix vinegar, sugar, olive oil and seasoning, then toss with beetroot.
- 3. Pour stock into an ovenproof dish, tip in beetroots and cover with foil.
- 4. Roast for about 40 minutes.
- 5. Add thyme and onions and roast for 15 minutes more or until tender.
- 6. Uncover and roast for another 15 minutes at 200°C.
- 7. Serve scattered with pomegranate rubies and garnished with extra thyme sprigs.

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