

Less than 30 minutes

Makes 2 litres

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Ingredients:

- ½ cup (125ml) water
- ¼ cup (60ml) sugar
- 10 mint leaves
- 2 star anise
- 1 punnet (125g) blueberries
- 2 peaches, sliced
- 1 orange or grapefruit, sliced
- 2 Tbsp (30ml) pomegranate rubies
- Handful mint + extra for serving
- 2 bottles (750ml each) white sparkling wine
- 1 cup (250ml) apple juice
- Juice (60ml) and grated peel of 1 lemon
- Crushed ice

Method

1. Heat water, sugar, mint leaves and star anise in a pot until sugar dissolves.
2. Cool and strain.
3. Place blueberries, peaches, orange, pomegranate rubies and mint in a large jug.
4. Combine sparkling wine, apple juice, lemon juice and peel with syrup and pour over fruit.
5. Place crushed ice in serving glasses and pour sangria over.
6. Garnish with extra mint before serving.

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