1 hour (plus marinating time)

Serves 4

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Ingredients:

- 2 red chillies, chopped
- 4 cloves garlic
- ½ Tbsp (7ml) smoked paprika
- ½ Tbsp (7ml) ground cumin
- ½ cup (60ml) olive oil
- 3 (800g-1kg) whole pork fillets
- Salt and milled pepper

Salsa:

- 2 small ripe papayas, peeled and diced
- 2cm knob ginger, grated
- 1 red chilli, deseeded and chopped
- ½ cucumber, diced
- ½ red pepper, diced
- 1 Tbsp (15ml) sugar
- 1 tsp (5ml) salt
- ½ punnet (10g) fresh mint, chopped
- ½ punnet (10g) fresh coriander, chopped
- 4 naan breads, for serving

Method

- 1. Combine chillies, garlic, spices and olive oil to create a thin paste.
- 2. Coat pork with paste and season. Marinate for 20 minutes or overnight.
- 3. Mix salsa ingredients together and macerate for 30 minutes to draw out moisture.
- 4. Remove pork from marinade and season.

- 5. Heat a griddle pan over high heat or prepare hot coals.
- 6. Grill fillets for 3-4 minutes, turning regularly (take care not to overcook them).
- 7. Remove from heat and rest for 10 minutes.
- 8. Serve fillets sliced with grilled naan breads and papaya salsa.

COOK'S NOTE:

Also called tenderloin, this is a very lean cut of meat that should be cooked whole to retain its moisture. Quick-cooking over very high heat is key here. Be sure to add a punchy sauce or condiment, as the lack of fat makes this cut a little less flavourful.

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