More than 1 hour

Makes about 2.5L

Share

Share on facebook

Share on twitter

Share on pinterest

Share on whatsapp

Share on email

Ingredients

- 1 large (about 2kg) watermelon
- 2 cups (500ml) PnP double-cream pomegranate and raspberry yoghurt
- ²/₃ cups (160ml) honey
- 2 punnets (100g each) raspberries

Method

- 1. Slice watermelon and discard the skin.
- 2. Cube and deseed pink flesh so you have a total of 1.5kg (about 3/4 of a watermelon).
- 3. Blitz watermelon cubes in a jug blender or with a handheld blender to make juice.
- 4. Strain through a fine-mesh sieve, discarding fibrous residue.
- 5. Blitz reserved watermelon juice, yoghurt, honey and raspberries until smooth.
- 6. Pour into a 3.5L sealable container and freeze for 8 hours or overnight.
- 7. Blitz mixture a few hours before serving and freeze until firm (at least 3 hours).
- 8. Scoop for serving or blitz a third time just before serving for a soft-serve consistency.

Browse more dessert recipes here.